



How To Order

- There is **no** contract
- Long term or short term periods accepted. Minimum order of 1 week applies
- Ring us on 8362 3777 the day before you wish to join our service
- Weekend meals are available; notify us by WEDNESDAY for delivery on Friday (see weekend menu)
- We ask you to try the full menu, and then decide if there is a meal that doesn't suit you, please advise us of this
- When first joining us, please notify if you are diabetic, or semi vegetarian
- We will do our best to please and will make one change each week if necessary. Any additional main meal changes will incur a surcharge
- You may choose to leave the service at any time, whether it is temporarily or permanently

Delivery

- If you will not be home during the course of our delivery times, please leave a small esky. We can also supply a small foam esky \$5.00 or a large foam esky \$8.00
- We always endeavour to arrive at your home at the regular time each day
- All deliveries will be to your front or back door, unless special permission is given by you to enter your home
- The delivery should be received by you personally

Payment

- The cost will be **\$14.00** per day per 2 course meal. The meal consists of a main course, with choice of dessert or soup or fruit salad
- Payments will be received any day but must be finalized on a weekly basis
- Receipts are given on request for payment of all meals

Food Storage & Reheating

- Meals are delivered hot or cold
- You must consume the hot meal within an hour, or place them in your fridge to cool down, for the evening meal
- The cold meals can be stored in the refrigerator for the evening meal or for no longer than 3 days. Otherwise they should be frozen immediately, and later thawed out in the fridge
- Microwaves are the most efficient for quick heating. Always remove the lid on all the containers, and place glad wrap over, for microwaves. Cook on high for 2 minutes
- You can also heat meals in the oven. Leave the lid on and cook for 15 minutes on 180°C

Terms & Conditions

- While we prefer that you stay with the 5-day service each week, we will provide a 3 day minimum order with a small surcharge. Please contact the office for clarification
- You will need to notify us by Friday, of any changes applicable to the following week